

Foundation Annual Campaign

Make a difference in your community by donating

Every year, the Maury Regional Health Care Foundation launches a campaign to help raise funds that support health system projects, like medication or transportation assistance, community health and wellness projects, our mobile medical unit and, last but not least, employee assistance programs like financial crisis assistance. We're kicking off this year's campaign on Oct. 1.

You can help make a difference by setting up automated payroll deductions where 100% of your donations go to people in need.



Annual Gift Amount	Bi-Weekly Payroll Deduction
\$5,000	\$192.31
\$2,500	\$96.15
\$1,000	\$38.46
\$500	\$19.23
\$250	\$9.62
\$100	\$3.85
\$50	\$1.92

Win prizes!

It's a win-win event when you donate! Not only are you supporting your community and others in need, but you'll also be entered for a chance to win prizes. All employees who make a gift to the 2025 campaign will be eligible to win gift cards.

Learn more about the Foundation and the various funds at MauryRegional.com/Foundation.

You can give online through the employee intranet or at MauryRegional.com/CaringCampaign. Paper forms are also available from your manager.

Maury Regional Health receives Advanced Total Hip and Knee Replacement Certification

Maury Regional Health (MRH) is proud to announce that it has received the Advanced Total Hip and Knee Replacement Certification from The Joint Commission. This certification demonstrates the hospital's commitment to providing exceptional, evidence-based care to patients undergoing hip and knee replacement procedures.

Maury Regional Health is one of four hospitals in the state of Tennessee, and the only in Middle Tennessee, that has achieved advanced certification. Maury Regional Medical Center's



total hip and total knee program has been certified by The Joint Commission since 2011; however, advanced certification covers a broader spectrum of standards.

"We are incredibly honored to receive this certification from The Joint Commission," said CEO Martin Chaney, MD. "This achievement is a testament to our commitment to clinical excellence and the trust our community places in us for their orthopedic care."

The Advanced Total Hip and Knee Replacement Certification is awarded to hospitals that meet rigorous standards in patient care and outcomes. As part of this certification process, MRH underwent a comprehensive overview of its total hip and knee replacement programs, demonstrating adherence to best practices and continuous improvement in quality and safety.

MRH welcomes new providers



Brett Begley, MD
CARDIOLOGY

Maury Regional Medical Center welcomes **Brett Begley, MD**, a cardiologist with Ascension Saint Thomas Heart Columbia, to the medical staff.

Dr. Begley received his medical degree from Ross University School of Medicine in

St. Michael, Barbados. He completed a residency at Michigan State University Corewell Health in Grand Rapids, Michigan, and a fellowship in cardiovascular disease at Canton Medical Education Foundation Aultman Hospital in Canton, Ohio. He is board certified in internal medicine.



Emily Jenkins, MD
ONCOLOGY/HEMATOLOGY

Emily Jenkins, MD, a specialist in medical oncology and hematology, has joined the staff at Maury Regional Medical Center. She is associated with Tennessee Oncology at the Maury Regional Cancer Center.

Dr. Jenkins received her medical degree from the University of Virginia School of Medicine in Charlottesville, Virginia. She completed a residency and a fellowship in hematology and oncology at University of North Carolina Medical Center in Chapel Hill, North Carolina. Dr. Jenkins is board certified in internal medicine, hematology and medical oncology.



Charles Hunter Prejean, MD
INTERNAL MEDICINE

Charles Hunter Prejean, MD, has joined Maury Regional Medical Group and will provide services at Lewis Health Center, serving Hohenwald and the surrounding areas.

Dr. Prejean received his medical degree

from St. George's University School of Medicine in Grenada, West Indies. He completed a residency at Florida State University Sarasota Memorial Hospital in Sarasota, Florida.

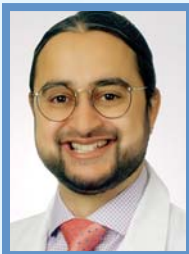


Bethany Summerford, MD
HOSPITAL MEDICINE

Bethany Summerford, MD, has joined the medical staff at Maury Regional Medical Center as a hospital medicine physician and is affiliated with Maury Regional Medical Group.

Dr. Summerford completed medical

school at the University of Mississippi School of Medicine in Jackson, Mississippi. She completed her residency at University of Miami Jackson Health System in Miami, Florida.



Ankur Vaidya, MD
HOSPITAL MEDICINE

Ankur Vaidya, MD, has joined the medical staff at Maury Regional Medical Center as a hospital medicine physician and is affiliated with Maury Regional Medical Group.

Dr. Vaidya completed medical school at University of Maryland School of Medicine in Baltimore, Maryland. He completed his residency at the University of Miami Jackson Health System in Miami, Florida.



**MAURY REGIONAL
HEALTH**

Maury Regional Health is a not-for-profit regional health system serving southern Middle Tennessee through our hospitals, clinics, surgery centers, outpatient facilities and physician practice group. We are the largest health system between Nashville, Tennessee, and Huntsville, Alabama, with a medical staff of more than 500 providers encompassing 35 medical specialties.

The VitaLink

The VitaLink is published monthly for Maury Regional Health through the Marketing Department and features news relevant to employees, retirees, volunteers and medical staff members. New editions are published on the last business day of the month at MauryRegional.com/VitaLink.

Share Your Good News

Employees and physicians are invited to share their professional accomplishments for possible inclusion in The VitaLink by emailing story suggestions to TheVitaLink@MauryRegional.com. Possible article topics include, but are not limited to, an individual earning advanced certification, presenting at a conference, publishing research in a peer-reviewed journal, implementing new projects that support the health system and more.

Maury Regional Women’s Center earns accreditation for breast ultrasound and ultrasound-guided biopsy

The Maury Regional Women’s Center is proud to announce that it has earned the prestigious American College of Radiology (ACR) accreditation for Breast Ultrasound and Ultrasound-Guided Biopsy. This reaccreditation, effective until 2028, recognizes the center’s commitment to providing high-quality imaging and diagnostic services that meet or exceed national standards in radiology.

“Receiving this accreditation from the American College of Radiology highlights the dedication and experience of our team at the Women’s Center,” said CEO Martin Chaney, MD. “Almost



every family has been impacted by breast cancer, including my own. The Women’s Center strives for excellence every day to serve the women of our community — especially women who are high-risk for breast cancer and for those undergoing breast ultrasound and biopsy procedures.”

The ACR is a professional medical society that accredits facilities based on rigorous peer-review evaluations conducted by board-certified radiologists and medical physicists. This comprehensive review process assesses the qualifications of personnel, equipment performance, quality control procedures and overall quality assurance. The accreditation is recognized as a national gold standard in radiology, validating Maury Regional Women’s Center’s ongoing dedication to quality, safety and patient care.

Dr. Hinson hits 500 procedures with da Vinci system

Maury Regional Medical Center (MRMC) offers its patients the latest in surgical technology, and a surgeon on the medical staff has reached an impressive milestone with one of the hospital’s robotic systems.

Mark S. Hinson, MD, FACS, a board-certified specialist in general, robotic and breast surgery at MRMC, performed his 500th procedure at MRMC with the da Vinci Xi Surgical System.



“Performing my 500th surgery with the da Vinci robotic system is an incredible milestone, and it’s been rewarding,” said Hinson. “Every procedure feels like an opportunity to make a meaningful difference in a patient’s life, offering them a less invasive approach and a faster recovery. I’m grateful to have this technology at my fingertips.”

Maury Regional Health recognized as a Health Center Quality Leader by the Health Resources and Services Administration

Maury Regional Health (MRH) is proud to announce that its Federally Qualified Health Centers (FQHCs) have been awarded the Health Center Quality Leader Bronze Award by the Health Resources and Services Administration (HRSA) for 2024. This award recognizes health centers with superior clinic quality measures and outstanding performance in delivering patient-centered care.

“We are deeply honored to receive the Health Center Quality Leader Bronze Award from HRSA,” said Hugh Bennett, executive director for the FQHCs. “This achievement is a testament to the relentless efforts of our dedicated team in providing excellent care to our community. It reflects our ongoing commitment to delivering comprehensive, high-quality health care services that make a real difference in the lives of our patients.”

HRSA’s Health Center Quality Leader recognition is awarded



to centers that demonstrate superior performance in a variety of areas, such as clinical outcomes, patient care and quality improvement initiatives. To earn this badge, health centers must have the best overall performance in clinical measures, as determined by HRSA’s Adjusted Quartile Rankings (AQR). MRH’s AQR averages were ranked in the

top 21-30% of health centers, demonstrating its focus on clinical excellence, compassionate care and continuous improvement.

MRH’s FQHC locations include Lewisburg Family Practice, Lewisburg Pediatrics, Lewis Health Center, Primary Care - Waynesboro and PrimeCare Clinic.

Gatlin wins Employee of the Quarter

Debbie Gatlin, rehabilitation service and physical therapy technician at Maury Regional Physical Therapy in Pulaski, was named the winner of the Maury Regional Health's Employee of the Quarter!

Gatlin has been with Maury Regional for nearly 11 years and was nominated for always looking out for others, celebrating her co-workers, being active in the community and being engaged and involved in her work with fellow team members and meetings.

With this recognition, Gatlin is eligible for the Employee of the Year award.

The Purpose of the Employee of the Quarter and

Employee of the Year programs is to recognize Maury Regional Health team members from all disciplines and departments

who go above and beyond demonstrating the attributes that help to make our organization "Maury Strong."



Fluzaroo season has begun!

All Maury Regional Health (MRH) employees, volunteers and active medical staff can receive flu vaccine during Maury Regional Medical Center's Fluzaroo kickoff event on Oct. 4 from 7 a.m. to 2 p.m. in the Auxiliary Conference Room.

Maury Regional Medical Center (MRMC)

In addition to Fluzaroo, flu vaccinations will also be available at in the Maury Regional Occupational Health Conference Room at 1114 W 7th St. on Oct. 4 from 3 to 5 p.m. Flu shots will then be available starting Monday through Friday from 7 a.m. to 4:30 p.m. in the Employee Health office. Depending on volunteer participation, mobile flu vaccination carts will travel throughout Maury Regional Medical Center daily from Oct. 5 through Oct. 31 from 7 a.m. to 11 a.m. and 5 p.m. to 9 p.m.

Marshall Medical Center (MMC)

Flu shots will be available in Room 1 located on Same Day Surgery at MMC on Sept. 30 from 1 to 3 p.m., Oct. 1 from 8 a.m. to 3 p.m., Oct. 2 from 7:30 a.m. to 5 p.m. and Oct. 3 from 6:30 a.m. to 1 p.m.

Wayne Medical Center (WMC)

WMC had their Fluzaroo kickoff events on Sept. 16 and 23. If employees were unable to make those dates, they can go to Employee Health at WMC for their flu vaccine.

Lewis Health Center (LHC)

LHC employees can report to the East or the West Nursing Stations to receive employee flu vaccinations beginning Oct. 4.

Those receiving a vaccine at any MRH location must bring the MRH ID badge. Those who receive an FDA-approved flu vaccine at another facility, drug store pharmacy or physician's office must provide proof of vaccination to Employee Health (PeopleEH@MauryRegional.com). Those who have an allergy or medical contraindication to the vaccine should contact Employee Health, ext. 1575, as soon as possible to discuss options.



Let's talk about Maury Regional Health at the CEO Town Hall

CEO Martin Chaney, MD, and the senior leadership team invite employees to attend one of the CEO Town Hall meetings, where they will provide everyone with important updates, discuss employee feedback regarding strategies impacting our organization and answer any questions employees may have.

Meeting topics will include Striving for Zero: MRH team safety, strategic projects, 2024 pay adjustments and more.

A light breakfast will be served at all town halls except for the virtual meeting.



Meeting times

DATE	TIME	LOCATION
Monday, Sept. 30	7:30 to 8:30 a.m.	Maury Regional Medical Center Cafeteria
Tuesday, Oct. 1	7:30 to 8:30 a.m.	Marshall Medical Center Conference Room
Wednesday, Oct. 2	7:30 to 8:30 a.m.	Wayne Medical Center EMS Bay
Thurs. Oct. 3	11:30 a.m. to 12:30 p.m.	Webex (virtual only) Invitation by email
Saturday, Oct. 5	7:30 to 8:30 a.m.	Maury Regional Medical Center Cafeteria



◀ To kick-off the football season, all facilities were invited to participate in a team spirit photo contest. One team and one individual were awarded for having the most creative team spirit. Congratulations to our winners!

Congratulations!

Rebecca Hawks, from the Emergency Department (ED), and family welcomed Logan Caroline Hawks on Sept. 2, 2024. She weighs 8 pounds, 8 ounces.

Kayla McCroskey, from the IT Department, and family welcomed Dawson Brookes McCroskey on Sept. 4, 2024. He weighs 6 pounds, 10 ounces.

Brittani Nichole Creps, from the ICU Department, and family welcomed Madilynn Grace Creps on Sept. 19, 2024. She weighs 5 pounds, 4 ounces.

Foundation raises over 120K at annual golf tournament

The annual Tony Starks Memorial Gold Tournament was held Sept. 19 at the Graymere Country Club in Columbia, raising over \$120,000 for the Maury Regional Health Care Foundation.

This year's tournament is the largest in the Foundation's history, according to Foundation Development Specialist Courtney Lewandowski.

All proceeds from the golf tournament benefit the Maury Regional Health Care Foundation, a



501(c)(3) charitable organization. Since 2006, the Foundation has funded more than \$5.1 million in programs and services benefiting community members in need. These programs include medication assistance, a food bank, transportation assistance, educational support, community health initiatives and employee assistance.

Learn more about the Foundation at MauryRegional.com/Foundation.

The BOOOBIE Ball is back for 13th year

Amandia Long plays a vital role in the fight against breast cancer as a mammography technologist at the Maury Regional Women's Center. Her dedication to supporting women in detecting and overcoming breast cancer extends beyond her work at the center — Amandia, along with her husband Chris, has taken on the role of philanthropist by organizing the annual BOOOBIE Ball. This lively costume party fundraiser benefits the Maury Regional Health Care Foundation's Women's Center Fund, and this year's event will take place on October 26 at the Lawrenceburg Elks Lodge.

"This event is so close to our hearts because we see firsthand how breast cancer impacts so many women and their families," said Amandia Long.

"We love that we can do something fun for the community that also makes a real difference."

In addition to hosting the party and silent auction, the



Longs also design, print and sell custom t-shirts every October, donating all proceeds to the Women's Center Fund.

"Knowing that every shirt we print and sell helps someone in their battle against breast cancer is what keeps us going year after year," added Chris Long. "It's hard work, but it's rewarding work."

Over the years, the BOOOBIE Ball has become one of the Foundation's most successful and entertaining fundraisers for the Women's Center Fund. Since its inception, this event has raised nearly \$65,000.

"We are incredibly grateful for Amandia and Chris Long's continued support and commitment to the Women's Center Fund," said Courtney Lewandowski, development specialist at the Maury Regional Health Care Foundation. "Their hard work, generosity and passion have made a meaningful impact on the breast cancer patients in our community."

The Women's Center Fund of the Maury Regional Health Care Foundation assists breast cancer patients in a variety of ways, including providing wigs, headpieces and camisoles, while also funding transportation expenses and mammograms for patients in need.

To make a donation to the Women's Center Fund or for more information, visit MauryRegional.com/Foundation.

If you'd like to attend the BOOOBIE Ball, you can contact along@mauryregional.com or purchase tickets at the door.

McCarter earns Daisy Award

Congratulations to **Regina McCarter, BSN, RN, CMSRN**, in ICU Stepdown for winning the DAISY Award!

“Regina embodies the perfect combination of skill, knowledge and compassion,” said her nominator. “I saw her provide the very best possible care for my father. I had such a great help, supporter, encourager, caregiver, friend, angel, source of hope and light in Regina. She offered every type of solution to us in our distress, though it could not have been an easy night for her either. I have rarely met another stranger who would be so quick to choose kindness



and peace and genuine care for another stranger like Regina did that night with my dad and with me. I would choose her again as our nurse and I would choose her as a friend. Her heart is beautiful and compassionate and that makes a tremendous difference for a patient and their family.”

The DAISY Award is presented to Maury Regional Medical Center nurses as part of the DAISY Foundation’s mission to recognize the compassionate and extraordinary nursing care that award recipients provide each day. To nominate a nurse for the award, visit MauryRegional.com/Daisy.

Stroke Alliance to host ‘Stroke Camp’ near Columbia

The United Stroke Alliance is excited to host a Retreat & Refresh Stroke Camp, a transformative weekend retreat designed for stroke survivors and their caregivers in southern Middle Tennessee. This experience-packed weekend will take place Oct. 18-20 at Pickwick Landing State Park in Counce, Tennessee.

The United Stroke Alliance is a global, non-profit organization dedicated to uniting and educating people about the prevention, awareness and recovery of stroke for survivors, caregivers and their families.

The Retreat & Refresh Stroke Camp is an invaluable opportunity for stroke survivors and their caregivers to escape the routine of daily life and immerse themselves in a supportive community. This weekend retreat is filled with engaging activities, educational sessions and plenty of relaxation, all

tailored to the unique needs of those affected by stroke.

This event is proudly sponsored by Maury Regional Health Care Foundation with volunteers from the nursing team at Maury Regional Medical Center. Several Maury Regional Health Employees are volunteering at the event, including Amanda Cothran, disease specific coordinator at Maury Regional Medical Center’s Emergency Services administration, where she will present a session on ‘life after stroke.’

The cost for the weekend is \$100 per person, and registration is now open. Rooms are filled on a first come, first served basis. For more information and to register, please visit strokecamp.org, click ‘find a camp’ and follow the prompts to select the camp in Columbia.

Read more at MauryRegional.com/StrokeCamp.





School supplies for Maury County

◀ Teams across Maury Regional Medical Center gathered school supplies, including markers, paper, pens, pencils, Kleenex and more, for Maury County schools to help kick off the 2024-25 school year. The supplies will be distributed among new teachers.

MRH RECOGNIZES RETIREES

Jane Boshers, RN, in the Recovery Room at Maury Regional Medical Center (MRMC), retired on August 31 after 16 years with the organization.

“Jane’s dedication and compassionate care in the recovery room has made a lasting impact on both her colleagues and the patients she has served,” said Lacy Huddleston, RN manager at MRMC Surgery Services. “We are deeply grateful for her 16 years of service, and she will be greatly miss by all of us at Maury.”



Boshers



Walls

Dana Walls, mammography technician at the Women’s Center, retired on August 30, after 22 years with the organization.

“Dana was a valued team member here in the Women’s Center who took excellent care of the women in this community who sought imaging care here for more than 22 years,” said Dana Salters, MBA, R.T.(R)(M), the administrative director of oncology. “She brought a plethora of expertise to the women’s imaging profession, and she will be greatly missed.”

Maury Regional Medical Center celebrates fall season

▶ On Sept. 25, Maury Regional Medical Center gathered to celebrate the start of the fall season. Employees participated in games like cornhole and a pumpkin ring toss. Fall-inspired treats included candy corn, cinnamon apple straws, apple cider and more for employees to enjoy.

