

MRMC adopts innovative CathWorks FFRangio® System to transform cardiology care

Maury Regional Medical Center (MRMC) has adopted the CathWorks FFRangio® System, a groundbreaking technology that combines artificial intelligence (AI) and computational science to visualize a patient's coronary arteries, revolutionizing the ability to assess and manage coronary artery disease (CAD).

CAD is a common type of heart disease that blocks or narrows the arteries that supply blood to the heart. This can lead to symptoms of chest pain (angina), fatigue, shortness of breath and, if left untreated, a heart attack. This disease often develops over many years and affects more than 19 million people in the United States.

The CathWorks FFRangio® System is a computer-based technology that uses routine angiograms of a patient's heart to create a detailed 3D model, identifying the location and severity of coronary blockages. Unlike traditional methods of fractional flow reserve (FFR), which require pressure wires and drug stimulation, the FFRangio® System can offer a quick, reliable and non-invasive alternative for medically qualified patients.

“CathWorks is another example of how AI is becoming more integrated into medical technology. It's exciting to know this will improve precision, care and overall accuracy for our patients,” said

Kevin M. Maquiling, MD, an interventional cardiologist with Vanderbilt Heart in Columbia who serves as the medical director of the Cath Lab at MRMC.



Kevin M. Maquiling, MD, an interventional cardiologist with Vanderbilt Heart in Columbia who serves as the medical director of the Cath Lab at MRMC, completed the first FFRangio® System case alongside his team at MRMC.

Sepsis recovery with COPD: A patient's journey

John Cook had a simple cold that quickly turned to pneumonia and sepsis due to his lung condition. With the support of Maury Regional Medical Center, Marshall Medical Center's hospital-to-home program and his wife, Gayle, he made a full recovery.

Cook, who has chronic obstructive pulmonary disease (COPD), became sick with a cold that turned into pneumonia. COPD can significantly increase the risk of cold complications due to a weakened immune system and a greater risk for secondary infections. In Cook's case, his cold turned to pneumonia, which ultimately led to sepsis.

“Sepsis kept me in the ICU for one week, followed by an additional week's stay in a regular room at Maury Regional Medical Center,” said Cook. “I don't remember a whole lot about

that week. But as I was getting better, I became aware that I was very weak and needed inpatient therapy.”

As current residents of Marshall County, the Cooks were able to leverage the support of Marshall Medical Center's hospital-to-home

program — sometimes referred to as “swing beds” — which assists those who have had joint replacement, other surgery or an extended illness to regain strength and function to return home.

“I was excited to get a swing bed. I didn't want to go to a nursing home,”

said Cook. “The care I received was exceptional and the nurses were wonderful. Knowing there was an LPN or PA on staff was comforting. Doing physical therapy throughout the day was rewarding. Overall, this experience has been a blessing.”

Cook spent nearly three weeks in the program before returning home. He now has regular outpatient visits at Marshall Medical Center Physical Therapy and daily at-home exercises.

Read the full story at [MauryRegional.com/JohnCook](https://www.MauryRegional.com/JohnCook).

“Take a good, hard look at Maury Regional Health because they are excellent.”

– John Cook



MRH welcomes new providers



Jonathan Paul, MD

Jonathan Paul, MD, an internal medicine and geriatric medicine specialist, has joined the medical staff at Maury Regional Medical Center as a hospital medicine physician.

Dr. Paul received his medical degree at Wuhan University School of Medicine in Wuhan, China. He completed a residency

in internal medicine at Trinity Health Livonia Hospital, Wayne State University in Livonia, Michigan. He also completed a fellowship in geriatric medicine at Cleveland Clinic Florida in Weston, Florida. Dr. Paul is board certified in internal medicine as well as geriatric medicine.



Kelly H. Taylor, FNP-C

Kelly H. Taylor, FNP-C, has joined Maury Regional Medical Group (MRMG) Mid-South Gastroenterology.

Taylor received her bachelor's degree in nursing from Martin Methodist College in Pulaski, Tennessee, and her master's degree in nursing from Middle Tennessee State University in Murfreesboro,

Tennessee, prior to earning certification as a family nurse practitioner. She has nearly 20 years of experience in both inpatient and outpatient settings, including having previously served as a charge nurse on the endoscopy unit at Maury Regional Medical Center.

Maury Regional announces new board appointments

Maury Regional Medical Center (MRMC) recently announced its board of trustees and advisory board appointments for 2025.

Beverly Horner was reappointed for a second term as chair of the board of trustees. Horner, retired member-in-charge of KraftCPA's Columbia office, has served on the board of trustees since 2019.

Scott Gaines was reappointed to serve as vice chair for a second term. Gaines is the retired assistant superintendent of instruction for Maury County Public Schools. He has served as a board member since 2004 and as vice chair since 2021.

Jeffrey Adams, MD, was reappointed to serve a three-year term as a member on the board of trustees. Dr. Adams is an orthopedic surgeon associated with Tennessee Orthopaedic Alliance who has been a member of the MRMC medical staff since 1991, having served as chief of staff in 2009.

On the MRMC advisory board, two new members were elected, **Steven Smith, MD**, a hospital medicine physician associated with Maury Regional Medical Group, and **Chad Williams**, the executive vice president of commercial insurance at Sunstar Insurance of Tennessee. They replace **Wil Evans** and **Justin Rhinehardt**, who completed two consecutive three-year terms, rotating off the advisory board.

Dr. Smith is a hospital medicine physician with 16 years of experience and is board certified in internal medicine and pediatrics. He joined Maury Regional Medical Group in 2009 and has served



Beverly Horner



Scott Gaines



Jeffrey Adams, MD



Steven Smith, MD



Chad Williams

in key leadership roles, including hospitalist medical director (2016-2022), chief of medical staff (2018) and member of the medical executive committee (2015-2020). He will serve on the Joint Conference Committee, Physician and Board of Trustees Recruitment Committee and the Planning and Facilities Committee.

Williams is a risk advisor with more than 25 years of experience in financial services. He currently serves as executive vice president of commercial insurance at Sunstar Insurance Tennessee. Williams currently serves on the board of the Columbia State Foundation, is a member and treasurer of the Kiwanis Club of Columbia and recently completed a four-year term as board member and treasurer of Maury Alliance. He will serve on the Finance, Budget and Pension Committee, Joint Conference Committee and the Professional Contracts Committee.

"I am honored to serve alongside such dedicated leaders on Maury Regional Health's board of trustees and advisory board," said CEO Martin Chaney, MD. "Our board members are community representatives who are committed to advancing our mission of providing clinically excellent health care in environments that promote healing, while also fostering innovation to meet the evolving needs of our region."

MRH launches Heart Failure Support Group

Maury Regional Health is launching a new monthly support group designed for individuals managing heart failure and their caregivers. This group aims to provide education, emotional support and practical tools to improve quality of life and reduce hospitalizations.

Launching in February of 2025 in recognition of Heart Month, the Heart Failure Support Group will hold its first meeting on Tuesday, February 25, from 5 to 6 p.m. at the Maury Regional Annex at 1223 Trotwood Avenue in Columbia. Ongoing meetings will take place on the last Tuesday of every month from 5 to 6 p.m.



The inaugural session will feature **Darshini Patel, DO**, a board-certified cardiologist at Vanderbilt Heart in Columbia, who will discuss “what is heart failure” from a provider perspective, emphasizing the need for follow-up appointments, medication adherence, maintaining a healthy weight and making healthy dietary choices.



Dr. Patel

Registration can be completed online at MauryRegional.com/HeartFailureSupport or by calling 931.381.1111, ext. 2089.

MRMC expands security capabilities

In January, Maury Regional Medical Center (MRMC) expanded its security measures to include weapons detection systems at key points of entry. The first system was installed at the Emergency Department entrance with plans to expand to other points of entry in the future.

“Like many sectors in our society, health care facilities across the nation have experienced an increase in incidents involving weapons or other potentially harmful items entering these facilities,” said CEO Dr. Martin Chaney. “By utilizing metal detectors, we can mitigate these events while maintaining a welcoming and protective space for our patients and care teams.”

The weapons detection system is comparable to those commonly used in large entertainment venues and is staffed by members of the MRMC security team. If the alarm is activated as a visitor walks through the metal detectors, a more detailed screening will be conducted. In accordance with T.C.A. § 39-17-1359, no weapons will be permitted into the facility, including those registered to a person with a state-approved handgun carry permit.

“Maury Regional is committed to fostering a healing environment, which includes the safety and security of our patients, visitors, employees and providers,” said CEO Martin Chaney, MD. “The medical center has security officers on site and patrolling 24/7, three hospital-based K-9 units and a robust security surveillance system. This is just the latest addition to further enhance our safety strategy.”



**MAURY REGIONAL
HEALTH**

Maury Regional Health is a not-for-profit regional health system serving southern Middle Tennessee through our hospitals, clinics, surgery centers, outpatient facilities and physician practice group. We are the largest health system between Nashville, Tennessee, and Huntsville, Alabama, with a medical staff of more than 500 providers encompassing 35 medical specialties.

The VitaLink

The VitaLink is published monthly for Maury Regional Health through the Marketing Department and features news relevant to employees, retirees, volunteers and medical staff members. New editions are published on the last business day of the month at MauryRegional.com/VitaLink.

Share Your Good News

Employees and physicians are invited to share their professional accomplishments for possible inclusion in The VitaLink by emailing story suggestions to TheVitaLink@MauryRegional.com. Possible article topics include, but are not limited to, an individual earning advanced certification, presenting at a conference, publishing research in a peer-reviewed journal, implementing new projects that support the health system and more.

Hillhouse and Hamlin earn Daisy Award

Congratulations to **Danielle Hillhouse, BSN, RN**, in the Behavioral Health Unit of the Emergency Department, for winning the DAISY Award!

“Our son, a military veteran, was taken to the Behavioral Health Unit after an emotional breakdown,” said the nominator. “Although he had been out of the Marine Corps for two years, he never applied for Veteran Affairs (VA) benefits and was uninsured. This nurse worked tirelessly for hours to get our son VA approval. Because of this he was able to receive extensive mental health treatment. Without this nurse stepping in and pursuing the needed insurance, our son would have been released, with no mental health intervention at all. It’s because of this nurse’s commitment to get our son the help he needed that he’s now back home and stable.”



Danielle Hillhouse, BSN, RN



Page Hamlin, BSN, RN, (right) accepts award from Devon Crews, MSOL, BSN, RN, house supervisor in the Float Pool Department

Congratulations to **Page Hamlin, BSN, RN**, in the Float Pool Department at Maury Regional Medical Center, for winning the DAISY Award!

“This nurse [Hamlin] was being yelled at by another patient all day but every time this nurse entered my room, she was so patient with me,” said Hamlin’s nominator. “She helped me take a bath and never made me feel

rushed. She massaged my back and applied lotion to my feet and made sure I felt comfortable after I got back from my surgery. She washed my hair and attempted to help me fix it the best she could because I was expecting visitors. She just went above and beyond and I’m so thankful for my experience considering I’m possibly facing another cancer diagnosis. Everyone was great but I was sad when she went home for the night.”

The DAISY Award is presented to Maury Regional Medical Center nurses as part of the DAISY Foundation’s mission to recognize the compassionate and extraordinary nursing care that award recipients provide each day. To nominate a nurse for the award, visit MauryRegional.com/Daisy.

Watch them grow: Nurses receive CCRN certification

Congratulations to the outstanding nurses at Maury Regional Health who recently achieved their Critical Care Registered Nurse (CCRN) certification!

This milestone reflects their dedication to excellence, their commitment to providing the highest level of patient care and a pursuit of professional growth.

Earning a CCRN certification requires rigorous preparation and a deep understanding of critical care nursing, and we are proud of their hard work and achievements. Congratulations to **Mimzi Galbraith, BSN, RN, CCRN**; **Kendall Stevenson, BSN, RN, CCRN**; and **Kylie White, BSN, RN, CCRN**.



Mimzi Galbraith, BSN, RN, CCRN



Kendall Stevenson, BSN, RN, CCRN



Kylie White, BSN, RN, CCRN

In Memory



Shirley Droke, RN, 69, a former nurse manager at Lewis Health Center, passed away on Dec. 21, 2024. Droke first started her employment as an RN at Maury Regional Medical Center in 1996 and joined Lewis Health Center in 2006. She retired in 2020.

Foundation announces successful annual campaign

Employees, physicians and volunteers from across the Maury Regional Health system collectively

raised a record \$247,465 during the Maury Regional Health Care Foundation's annual campaign.

The annual campaign is traditionally the Foundation's largest fundraising event. At the start of the 2025 campaign in October, the Foundation set an initial fundraising goal of \$200,000 — a goal overwhelmingly surpassed thanks to pledges and donations from across the health system.

The 2025 campaign resulted in \$247,465 pledged



by 447 donors, including 211 hours of PTO time donated by Maury Regional employees.

“I am grateful for all of the incredible support the Foundation received during the 2025 Caring Campaign,” said Courtney Lewandowski, the development specialist at the Foundation. “The generosity of our employees will positively impact countless lives through the programs and services we provide. Thank you all for making a difference!”

Funds raised during the annual campaign will benefit a wide range of Foundation services designed to improve quality of life in southern Middle Tennessee, including the mobile medical unit, medication and transportation assistance, community health initiatives, a food bank for discharged patients, educational support, employee assistance and much more. Gifts were also designated to funds that assist cancer, diabetic, heart, NICU and pediatric patients.

For more information, visit MauryRegional.com/Foundation.

Mule Kick 5K & 1-Mile Trot set for April 5



Hosted by the Maury Regional Health Care Foundation and presented by First Farmers and Merchants Bank, the annual Mule Kick 5K & 1-Mile Trot

will take place Saturday, April 5, at Riverwalk Park in Columbia.

Proceeds from the 2025 Mule Kick 5K & 1-Mile Trot provide funding for Maury Regional Health's mobile medical unit, which delivers health care services to at-risk and underserved individuals throughout southern Middle Tennessee by providing basic health screenings, education and resources. A portion of the proceeds will also support the Foundation's Wellness and Aquatics Center Healthy Living Endowment and the Columbia Parks and Recreation Department. In addition, the Maury County school with the most participation in the event will receive a donation to their P.E. program from the Foundation.

The race will begin at Riverwalk Park in Columbia at 8 a.m. start time for the 5K and 9:15 a.m. for the 1-Mile Trot. Both runners and walkers are encouraged to participate. Participants may register for the race online at runsignup.com/MuleKick5K.

To learn more about the Maury Regional Health Care Foundation, the Mule Kick 5K & 1-Mile Trot or to make a direct gift to support the mobile medical unit fund, visit MauryRegional.com/Foundation.

If you or someone you know may be interested in sponsoring the event, please reach out to Courtney Lewandowski at clewandowski@mauryregional.com or call 931.381.1111, ext. 1012.



Fund spotlight: General Fund & Dot's Closet

The General Fund is a flexible resource used to address areas of greatest need within the Foundation. It supports urgent or unexpected health care challenges, including vital programs and services not covered by other funds. When choosing a cause while donating to the Foundation, the General Fund offers support to everyone.



This fund also includes Dot's Closet, a program providing clothing to patients being discharged

without appropriate attire, ensuring they leave with dignity. Established in 2022, Dot's Closet is named in honor of Dorothy "Dot" Sowell, who was an Auxiliary member of Maury Regional Medical Center for 67 years and held the offices



of president, vice president and secretary in addition to volunteering in numerous areas.

To help support Dot's closet, individuals or organizations can make a monetary donation to the Dot's Closet Fund or the General Fund through the Foundation. Dot's closet is



always accepting clothing and prefers gently used or new donations of sweatpants, sweaters, t shirts and other comfortable items. At this time, the area of greatest need for Dot's Closet is men's and women's underwear and socks, however, all undergarments must be new. All donations can be dropped off at the Medical Office Building's information desk in the front lobby, located at 1222 Trotwood Avenue in Columbia. For questions about donating to Dot's Closet, please reach out to April Mobbs, director of Volunteers Services, at amobbs@mauryregional.com or call 931.380.4047.

The Maury Regional Health Care Foundation manages a variety of funds and endowments designed to meet the unique health care needs of individuals and families in southern Middle Tennessee. Learn more at MauryRegional.com/Foundation.

Maury Regional food pantry: A year of impact

In 2024, the Maury Regional Food Pantry made a difference, distributing 629 food and nutritional supplement packages to patients and families in need. These care packages provide support, helping discharge patients and their loved ones have access to essential nourishment during their recovery.

This initiative is made possible through combined efforts of the Maury Regional Health Care Foundation and staff at Maury Regional Medical Center, including the Food and Nutrition Department, care managers, licensed clinical social workers, nurses, supply chain and volunteers.

Each package includes a selection of nutritious, low-sodium and healthy food items tailored to meet specific dietary needs.

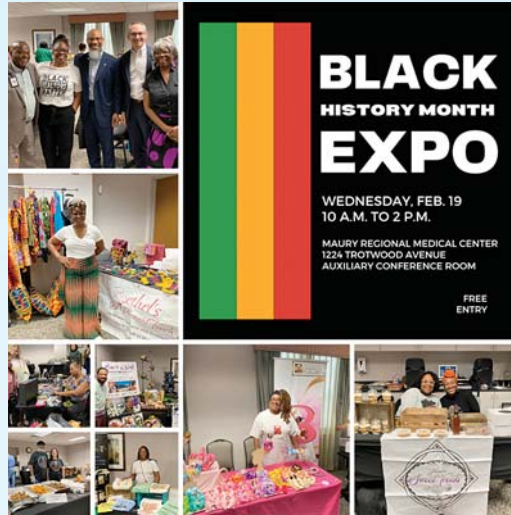


The food pantry embodies the Foundation's mission of supporting patients outside of the hospital walls, recognizing that well-fed patients heal faster, and that recovery doesn't end at discharge.

Maury Regional Health to host third annual Black History Expo vendor fair

In celebration of Black History Month, Maury Regional Health is proud to announce its third annual Black History Expo vendor fair. This event will take place on Wednesday, Feb. 19, from 10 a.m. to 2 p.m. at Maury Regional Medical Center in the Auxiliary Conference Room.

This special event is an opportunity to celebrate and support the achievements of Black entrepreneurs in our community. The fair will showcase an array of vendors offering products and services, including food, jewelry, clothing, custom merchandise and more.



“We are excited to bring together Black-owned businesses to celebrate their contributions and share their talents with the community,” said Dennis Fisher, chief human resources officer at Maury Regional Health. “This is an opportunity to foster connections in our community and celebrate the talents of our entrepreneurs.”

Black-owned businesses and entrepreneurs are encouraged to participate in these events. For more information about attending or being a vendor at the event,

please reach out to kbrady@mauryregional.com or call 931.381.1111, ext. 1026.

MRH to ‘wear red’ on Feb. 7

On Friday, Feb. 7, Maury Regional Health is observing National Wear Red Day by wearing red to help raise awareness for heart health.

In honor of National Wear Red Day, the Marketing and Communications Department will share photos on the Maury Regional Health Facebook page of employees, physicians and volunteers wearing red. To have your department featured:

1. Take a group photo with a cell phone featuring any employees, physicians or volunteers wearing red in your department.
2. Email your photo along with the name of your department to marketing@mauryregional.com. The deadline to submit photos is Friday, Feb. 7, at noon.

For additional information or follow-up questions, contact the Marketing and Communications Department at 931.840.4446.



Wear Red Day

Thank you to our winter weather heroes

A heartfelt thank you to our dedicated clinical and support staff who went above and beyond during the recent winter weather. Your commitment to caring for our patients — no matter the circumstances — is inspiring! Whether taking extra shifts, staying overnight or providing meals and refreshments for your fellow staff, you help make certain that exceptional care never stops at MRMC. And a shout out to Gilliam Lawn and Landscaping and RTG who worked to help keep the roads clear of snow on our hospital grounds.



MRMC welcomes first baby of 2025

Welcoming the first baby of the new year is always an exciting time for Maury Regional Health!

We're pleased to introduce the first baby born at Maury Regional Medical Center in 2025. Aterica Mayberry welcomed Jeremiah Mayberry on Jan. 1 at 1:20 a.m. He weighed 6 lb. 9 oz. and measured 19.5 inches long. Congratulations to the Mayberry family!



Congratulations!

Deanna Smith, a supervisor at the Maury Regional Medical Center Blood Bank, and **Brad Smith**, an analyst at the MRMC Laboratory, welcomed **Calum Ford Smith** on Jan. 18, 2025. He weighs 6 pounds, 13 ounces.

Kayla Thomason, a patient services representative for MRMG OB-GYN, and family welcomed **Bennett Lee Thomason** on Dec. 31, 2024. He weighs 6 pounds, 9 ounces.

Hailee Walls, a patient accounts team lead at Maury Regional Medical Group (MRMG), and family welcomed **Daycen Leqwan Drumwright** on Jan. 3, 2025. He weighs 9 pounds, 3 ounces. Daycen is also the grandson of **Leanne Walls**, the manager at MRMG Spring Hill, and the great-grandson of **Brenda Boenker**, the registrar at Maury Regional Urgent Care.