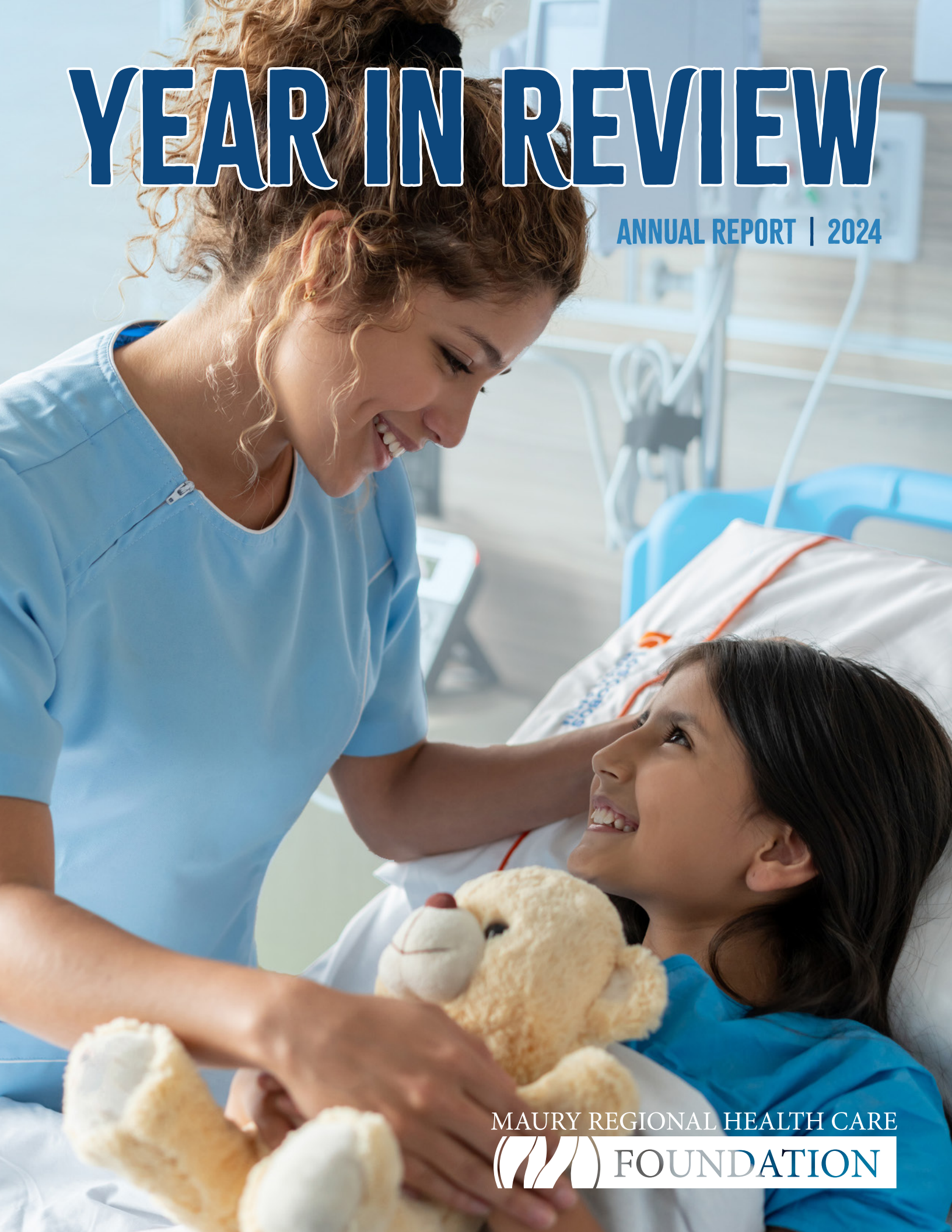


# YEAR IN REVIEW

ANNUAL REPORT | 2024



MAURY REGIONAL HEALTH CARE  
 FOUNDATION

# Dear Friends,

As we look back on another remarkable year for the Maury Regional Health Care Foundation, our team is deeply thankful for the support we have received from our community. Thanks to your generosity, we were able to address the needs of patients, employees and our region in impactful and innovative ways. The stories shared in this annual report highlight just a few of the significant strides we have made together.

In the past fiscal year — ending June 30, 2024 — the Foundation was able to allocate \$525,149 toward programs and services that directly benefit individuals in need. This was made possible by the kindness of 1,034 donors who contributed 7,484 gifts to the Foundation. The strength of our community partnerships also played a critical role, as we continued to collaborate with like-minded organizations to amplify our impact across southern Middle Tennessee.

As we move forward into another year of giving, our commitment to serving our community remains as strong as ever. We will continue to explore new avenues to extend our reach and make a positive impact in the lives of those we serve.

Your continued support and trust in the Maury Regional Health Care Foundation are the cornerstones of our success. For that, we extend our deepest thanks.

With gratitude,

***The Maury Regional Health  
Care Foundation Team***



# Rebuilding from spring tornadoes

Devastating tornadoes swept across the southeast in the spring of 2023 and 2024, destroying homes, displacing families and taking lives. Two particular storms led to notable destruction in Maury Regional Health's service area, including Maury and Wayne counties.

The Beech Creek Community Center and Fire Hall in Wayne County was among the wreckage caused by the F3 tornado in spring 2023. In response, the Foundation donated \$5,000 toward the reconstruction of the community's only local fire service.

"We are tremendously grateful for the support of the Maury Regional Health Care Foundation," said Sherry McDonald, a Waynesboro resident and volunteer leader. "Our community is rural, but they deserve to have first responders close by. Our rebuild has been slow but steady as we look to not only rebuild our facility, but we're also setting up the Wayne County Outreach initiative to support action planning for any future emergency events."

Following the tornado in spring 2024, the Foundation also provided \$1,000 stipends to two Maury Regional Health employees who experienced damage to their homes as well as \$1,025 to the City of Columbia in their efforts to assist the community as a whole.

## Coming in hot and keeping it cool

To combat the extreme weather this year, Maury Regional Health's mobile unit hit the road to keep people cool in climbing summer temperatures and to provide warmth in record-breaking winter weather conditions.

Intense winter or summer weather conditions are difficult for all but can have an especially dangerous impact on unhoused community members.

"Safety is always a concern in extreme temperatures," said Lori Bergland, RN, community health coordinator for the mobile unit. "These cooling and warming stations offer relief, shelter, fellowship, hydration and food. I'm very grateful for the donations to the Foundation that allow us to provide this life-saving support for communities in need."

The mobile unit has also partnered with local organizations to assist our unhoused population with finding places to stay safe during dangerous weather conditions. In 2023, The Family Center opened their doors to offer heated locations for seven snowy days for more than 100 guests, with the support of volunteers from Maury Regional Health and our community.



## Making Waves

### Sponsored swimming lessons for Maury County youth

Did you know that if someone doesn't learn to swim as a child, it is unlikely they will learn in their lifetime? And that drowning is the leading cause of death for children ages one to four?

This year, the Foundation took an exciting plunge into community health by sponsoring swimming lessons for more than 70 children during a week-long camp during fall break. The program was facilitated by Muletown Rec in partnership with the Boys & Girls Clubs of South Central Tennessee.

"Muletown Rec, who developed the curriculum, is uniquely suited to engage our community's youth," said Boys & Girls Clubs CEO Ginny Wright. "This effort not only supports families with limited accessibility to aquatic programming, but it fosters an education and respect for water, creating a ripple effect for years to come."



The Maury Regional Health Care Foundation team, including Courtney Lewandowski (left) and Patrick Harlan (right), receive a tour of The Family Center from Dawn Taylor.



# Prescribing Hope

## Foundation partners with The Family Center to provide medication assistance

For more than 15 years, the Maury Regional Health Care Foundation has partnered with The Family Center to provide critical support to individuals in need of medication assistance, improving the health outcomes of Maury County residents.

The Family Center's medication assistance program — with support from the Foundation — is designed to support low-income individuals struggling to afford prescriptions for chronic conditions, such as diabetes. By covering essential medication costs, The Family Center helps community members receive the care they need, without the financial burden.

"We are incredibly grateful to the Foundation for their invaluable support in sustaining our medication assistance program," said Dawn Taylor, executive director of The Family Center. "Many of our clients face difficult choices between paying for their prescriptions or other basic needs, and this program provides them with the relief they need to be stable and healthy."

To participate in the medication assistance program, individuals must apply through The Family Center. If approved, they will then transfer their prescriptions to a designated pharmacy in Columbia where their prescriptions will be filled. This does not cover narcotics or painkillers and has an annual limit of \$250.

"The Family Center's dedication to meeting the health and well-being needs of our community aligns with our mission," said Patrick Harlan of the Foundation. "By supporting their medication assistance program, we're helping our community stay healthy and prevent or manage serious illnesses."

Founded in 1994, The Family Center is celebrating their 30th anniversary this year. They are a long-standing nonprofit that takes a holistic approach to supporting their community, aiming to enhance stability and health. Over the years, it has evolved into a multi-faceted organization addressing various community needs — especially during times of economic hardship and in support of children and the unhoused population. In addition to medication assistance, they offer a variety of programs that range from providing financial support for rent or utilities to assistance with food, eyeglasses and more.

The Maury Regional Health Care Foundation's Special Needs Fund supports not only programs like The Family Center but also provides medication, medical supplies and gas cards for Maury Regional Health patients experiencing financial need.

# Established Funds

When you make a donation to the Maury Regional Health Care Foundation, you're helping to break down barriers and improve access to vital community health services.

Whatever the amount, all gifts donated to any of the Foundation's established funds help to improve the lives of individuals and families in southern Middle Tennessee. And, because administrative expenses for the Foundation are funded by Maury Regional Health, donors can feel confident that their gifts go directly to the community and those in need.

There are a variety of established funds that support specific patient populations or causes, including:

- **General Fund:** used for areas of greatest need that may not be covered by another fund or can supplement other funds as needed
- **Behavioral Health Fund:** established in memory of Joshua Short and Michael Watson, this fund provides support to address the behavioral health needs of patients, employees and their families
- **Community Health/Mobile Unit Fund:** provides resources to assist with unmet health care needs of underserved or uninsured populations, including the mobile medical unit
- **Friends & Family Nutrition Fund:** provides meals to a patient's primary support member while in our care and assists in funding a food pantry that provides groceries to those in need upon discharge
- **Special Needs Fund:** provides medication, medical supplies and gas cards for patients experiencing financial need
- **Dr. Maura Lipp Palliative Care Fund:** assists Maury Regional Health's palliative care program in meeting the unique needs of those facing chronic illnesses
- **Focused Care Areas:** provides supplies, support and transportation for the **Cancer Center**, **Women's Center** and the **Cardiology, Diabetes, Neonatology** and **Pediatric** departments
- **The Retreat Fund:** operates a hospitality home for cancer patients
- **Wayne Medical Center Fund:** assists patients and employees of this facility experiencing financial need
- **William R. Walter Employee Assistance Fund:** assists Maury Regional Health employees who have experienced an unexpected crisis or who are pursuing continuing education
- **Dr. Eslick Daniel Youth Health Initiatives Fund:** provides educational materials and resources for projects improving the health of youth
- **Endowments:**
  - Robert Otwell Cancer Center Endowment
  - Wellness & Aquatics Complex Healthy Living Endowment

## Every dollar makes a difference.

All gifts are greatly appreciated and make an impact in the lives of others in our community.

### Payment option: Online

To make a donation online, visit **MauryRegional.com/Foundation**.



### Payment option: Via Mail

For mail-in donations, please complete and mail the following form and a check payable to:

**Maury Regional Health Care Foundation**  
1224 Trotwood Avenue  
Columbia, TN 38401

Ms.  Mrs.  Mr.  Dr.

First name \_\_\_\_\_

Last name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Phone \_\_\_\_\_

Email \_\_\_\_\_

Donation amount \$ \_\_\_\_\_

One-time  Recurring pledge of \$ \_\_\_\_\_

This donation is intended to support the following:

General fund (area of greatest need)

Specific fund, project or endowment:

\_\_\_\_\_

Anonymous  Yes  No

Company name (if applicable): \_\_\_\_\_

### Dedication

In honor  In memory

Person honored \_\_\_\_\_

Mail letter on your behalf?  Yes  No

Name and address for the honoree or their loved one:

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Extraordinary Hero Gift to recognize a caregiver who provided exceptional care and/or service:

Name: \_\_\_\_\_

Physician  Employee  Volunteer

### Payment options

Check enclosed  Credit card

Card Number \_\_\_\_\_

Expiration Date \_\_\_\_\_ 3-digit Code \_\_\_\_\_



## YEAR IN REVIEW

# MAKING A DIFFERENCE

Since our formation in 2006, the Foundation has provided more than \$5.1 million in programs and services throughout our region. From July 1, 2023, to June 30, 2024, the Foundation provided \$525,149 in assistance.

This page contains an overview of the spectrum of ways the Foundation lifted up our community this past year — all of which was made possible by the support and generosity of our donors.

### General Fund: \$16,155

- Dot's Closet program support
- Maury County Fair *My Day* support for children with special needs and/or disabilities and their caregivers
- Tornado relief to the City of Columbia

### Behavioral Health Fund: \$5,051

- Facility improvement project as well as medication assistance at Hope Center Ministries

### Cancer Fund: \$5,941

- Food for cancer patients and caregivers during treatments
- Gas cards for cancer patients living outside Maury County

### Cardiology Fund: \$34,862

- LifeVest wearable defibrillators for two patients
- Stroke Camp funding for Stroke Support Group

### Community Health Fund: \$202,510

- Crossroads to Home Coalition administrative and bookkeeping support
- Support and supplies for free dental clinics in the community
- Maury County Car Seat Safety and Safe Driving programs in partnership with General Motors and Columbia Fire & Rescue
- Boys & Girls Clubs of Maury County support
- Survive to Arrive Safe Driving Program and mock crash event in partnership with Columbia Fire & Rescue
- Delta Recovery addiction support
- Lawrence County Senior Center National Senior Health & Fitness event
- The Shaq Mason Foundation waterproof trauma kits
- Walk Across Tennessee event sponsorship through Healthier Maury County
- All mobile health unit expenses



### Diabetes Fund: \$12,381

- Diabetes education classes and supplies for patients in need

### Family & Friends Nutrition Fund: \$39,503

- Food for Maury Regional Medical Center's food pantry
- Meal tickets for personal caregivers at the hospital
- Support for The Well Outreach in Mount Pleasant

### Dr. Maura Lipp Palliative Care Fund: \$328

- Palliative care services

### Neonatology Fund: \$17,388

- Car seats, diapers, formula and supplies for NICU babies at discharge
- Program support for Nurses for Newborns of Maury County
- Gift for the New Year's baby

### Pediatric Fund: \$6,805

- Distributed 798 teddy bears through the Tootsie's Bears program for pediatric patients having scans and procedures

### Retreat Fund: \$2,836

- Utilities, supplies and repairs for The Retreat, where cancer patients who live far away can stay for free during multi-day treatments

### Wayne Medical Center Fund: \$10,694

- Food for patients and caregivers
- Medication assistance
- Materials and assistance to rebuild Beech Creek Community Center & Fire Hall following tornado damage

### Special Needs Fund: \$58,014

- Emergency housing for unhoused individuals and families
- Minor medical equipment and supplies for at-risk patients
- Transportation and medication assistance for at-risk patients

### William R. Walter Employee Assistance Fund: \$86,003

- Continuing education assistance for 12 employees
- Career advancement scholarships for eight employees
- Financial assistance for 11 employees in need
- Tornado damage assistance for two employees

### Wellness & Aquatics Complex Healthy Living Endowment: \$13,000

- Swimming lessons for 70 youth participants of the Boys & Girls Clubs
- Rapid Guardian technology expansion



### Women's Center Fund: \$8,678

- Wigs, camisoles and lymphedema garments for breast cancer patients

### Dr. Eslick Daniel Youth Health Initiatives Fund: \$5,000

- Maury County Athletic Club track and field expenses

# THANK YOU, DONORS

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## Caring. Giving. Serving.

The Maury Regional Health Care Foundation, a 501(c)(3) charitable organization, works to expand health care services and community outreach programs throughout southern Middle Tennessee.

Thanks to the generous support of donors, the Foundation has provided more than \$5.1 million in programs and services throughout the region since its formation in 2006.

Administrative expenses for the Foundation are funded by Maury Regional Health, so donors can feel confident that gifts go directly to the community and those in need.

To make a donation to support the Maury Regional Health Care Foundation, visit [MauryRegional.com/Foundation](http://MauryRegional.com/Foundation).

MAURY REGIONAL HEALTH CARE  
 FOUNDATION



## *The Spirit of Giving*

The Walton Legacy Society was created to honor those who have included the Maury Regional Health Care Foundation in their estate planning. The Society is named after Dr. Charles D. Walton, a prominent force in bringing Maury Regional Hospital into reality in the 1950s and the hospital's first chief of staff.

To learn more about the society, visit  
[MauryRegional.com/WaltonLegacy](http://MauryRegional.com/WaltonLegacy).

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