

ORTHOPEDIC SURGERY PHYSICIANS



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Bone and Joint Clinic



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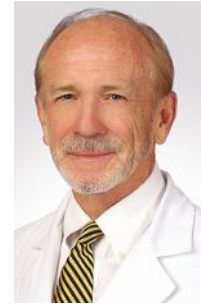
Erion Qamirani, M.D., Ph.D.
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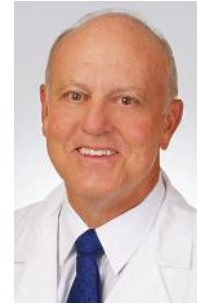
W. Cason Shirley, M.D.
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J. Fredrick Wade, M.D.
Mid-Tennessee
Bone and Joint Clinic



H. James Wiesman Jr., M.D.
Columbia Orthopedic Clinic



C. Douglas Wilburn, M.D.
Mid-Tennessee
Bone and Joint Clinic

Orthopedic Practice Locations

COLUMBIA ORTHOPEDIC CLINIC
1412 Trotwood Avenue, Suite 82
Columbia, TN 38401
931.388.3104
ColumbiaOrthopedicClinic.com

MID-TENNESSEE BONE AND JOINT CLINIC
1050 N. James Campbell Boulevard, Suite 200
Columbia, TN 38401
931.381.2663
mtbj.net

Mid-Tennessee Bone and Joint also offers clinic locations in
Lewisburg and Pulaski.

Home Health

Maury Regional Home Services has consistently been recognized for quality outcome, quality improvement and financial performance. Patients develop a one-on-one relationship with highly qualified staff who provide them with individualized care that may include nursing services, physical therapy and more. The Maury Regional Home Services team monitors patient progress closely and provides reports to physicians. Services are available in Maury, Marshall, Lawrence, Williamson, Lewis, Giles, Wayne and Hickman counties.

Outpatient Physical Therapy

Maury Regional Health offers patients and physicians comprehensive rehabilitation services at numerous affiliated facilities. Our multi-disciplinary team consists of physical therapists, occupational therapists, speech and language pathologists and athletic trainers. Staff members have advanced credentials in pediatric neurodevelopmental therapy, orthopedic specialist, hand therapy, lymphedema management, ergonomic assessment, functional movement, dry needling and American Physical Therapy Association clinical instruction. Our staff enhances therapy treatment with state-of-the-art equipment, including two anti-gravity treadmills, to assist orthopedic patients on the road to recovery.

Locations

**MAURY REGIONAL
PHYSICAL THERAPY CENTER**
858 W. James Campbell Boulevard
Columbia, TN 38401
P 931.380.4014
F 931.380.4107

CHAPEL HILL PHYSICAL THERAPY
4700 Nashville Highway
Chapel Hill, TN 37034
P 931.364.3400
F 931.364.3401

LEWIS HEALTH CENTER
621 W. Main Street
Hohenwald, TN 38462
P 931.796.6216
F 931.796.6211

**MAURY REGIONAL
PHYSICAL THERAPY PULASKI**
425 W. College Street
Pulaski, TN 38478
P 931.424.9300
F 931.424.0833

**MAURY REGIONAL SPRING HILL
PHYSICAL THERAPY**
1003 Reserve Boulevard
Suite 310
Spring Hill, TN 37174
P 931.486.1544
F 931.489.2629

**MARSHALL MEDICAL CENTER
PHYSICAL THERAPY**
1080 N. Ellington Parkway
Lewisburg, TN 37091
P 931.270.3676
F 931.270.3628

**WAYNE MEDICAL CENTER
PHYSICAL THERAPY**
308 Highway 64 East
Waynesboro, TN 38485
P 931.722.2063
F 931.722.2040

Orthopedic Services Quality Report



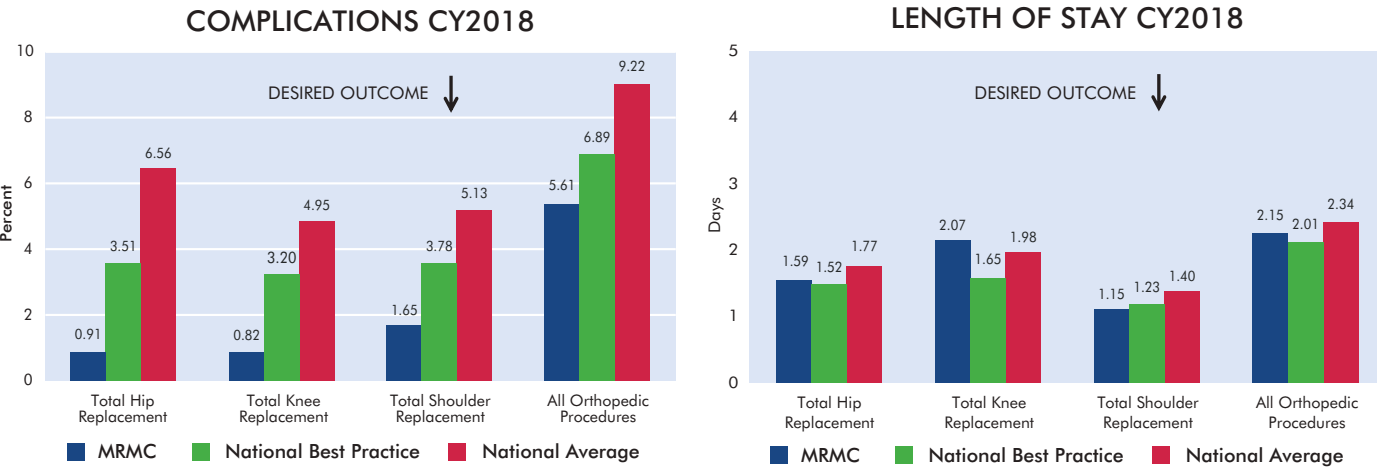
**MAURY REGIONAL
HEALTH**

Maury Regional Medical Center's performance is better than the national average and national best practice hospitals.

Maury Regional Medical Center has been recognized for its commitment to outstanding care and clinical outcomes for orthopedic patients. Our clinical quality measures have been compared to medical centers across the nation and accomplishments include:

- Joint Commission Certification for Hip and Knee Replacement
- Recognition as a BlueCross BlueShield Distinction Center

CareChex[®], an information service of Quantros, Inc., recognition as:
 –#1 hospital in the state and market for Medical Excellence in Orthopedic Care for four consecutive years
 –Top 10% in the nation for Patient Safety in Joint Replacement for three consecutive years



HOSPITAL TO HOME



TOTAL KNEE REPLACEMENTS



TOTAL HIP REPLACEMENTS

This data indicates the number of patients who are discharged directly to home, rather than a skilled nursing facility.

Spine Procedures

Surgeons on the medical staff have extensive experience repairing lumbar, thoracic and cervical damage and/or conditions of the spine. Procedures performed include:

- Artificial disc replacement
- Cervical foraminotomy
- Discectomy and microdiscectomy
- Fusion (anterior, posterior and lateral)
- Kyphoplasty
- Laminectomy
- Laminoplasty
- Osteotomies and deformity re-alignment

Minimally Invasive Repairs

In addition to expertise in joint replacements and spinal surgeries, the surgeons on the medical staff also perform minimally invasive procedures to repair:

- Cartilage
- Rotator Cuff
- Ligaments
- Tendons
- Carpal Tunnel

Patient Care and Safety

Our goal is to help patients return home as quickly as possible while ensuring their safety and success. These measures include:

- **Joint Replacement Class:** Maury Regional Medical Center offers joint replacement classes prior to surgery to educate patients regarding the procedure, pre-surgery exercise, infection control precautions, physical therapy, discharge planning and much more. Patients will also learn from individuals who have already had joint replacement surgery.
- **Mobility:** Members of the nursing staff, many of whom have additional certification in orthopedics, quickly begin ambulating patients while taking measures to reduce the likelihood of falls post-surgery. The physical therapy staff will ambulate the patient the day of surgery and progress to a designated walking goal specific to the patient by the date of discharge.

Our goal is for the patient to be discharged home; however, the individual needs of each patient will vary and are determined by the patient and physician.

Orthopedic Services

Maury Regional Health offers a wide array of orthopedic services to reduce pain and improve quality of life. The majority of surgical procedures are performed at Maury Regional Medical Center in Columbia with outpatient services at many of our sites throughout the region.

Joint Replacement

The skilled and experienced surgeons on our medical staff perform progressive joint replacement procedures for the knee, hip, shoulder and elbow at Maury Regional Medical Center. Physicians evaluate patients to determine what procedures and devices best meet patients' individual needs. Among the options available are:

- Total hip replacement (traditional, anterior approach and Mako robotic-arm assisted)
- Total and partial knee replacement (traditional and Mako robotic-arm assisted)
- Gender-specific knee replacement
- Total shoulder replacement
- Reverse total shoulder replacement
- Elbow replacement
- Ankle replacement

