

YEAR IN REVIEW

MAURY REGIONAL HEALTH CARE FOUNDATION | 2023





MESSAGE FROM LEADERSHIP

Dear Friends,

It was another successful year of giving for the Maury Regional Health Care Foundation thanks to your support. Through your gifts, we were able to meet the needs of the patients, employees and communities we serve in new and impactful ways, some of which are highlighted here in our Year in Review.



Joe K. Kilgore
Executive Director

This past year, the Foundation funded \$575,237 in programs and services for worthy individuals thanks to the generosity of 1,060 donors making 7,979 gifts to the Foundation! Community partnerships were once again strong as the Foundation partnered with many other like-minded organizations in our communities.

We will continue to find ways to serve as we forge ahead through 2023 and into 2024, but we could not do so without your generous support and confidence in the Maury Regional Health Care Foundation. Again, thank you for helping us continue our mission of serving others.

With gratitude,

Joe K. Kilgore

Maury Regional Health Care Foundation | Executive Director

MAURY REGIONAL HEALTH CARE FOUNDATION

The Maury Regional Health Care Foundation, a 501(c)(3) charitable organization, works to expand health care services and community outreach programs throughout southern Middle Tennessee.

Thanks to the generous support of donors, the Foundation has provided more than \$4.6 million in programs and services throughout the region since its formation in 2006.

Administrative expenses for the Foundation are funded by Maury Regional Health, so donors can feel confident that gifts go directly to the community and those in need.

To make a donation to support the Maury Regional Health Care Foundation, visit MauryRegional.com/Foundation.



Funding Highlights

During the past fiscal year, the Maury Regional Health Care Foundation funded **\$575,237** in programs and services. From assisting with medications for seniors with limited incomes to providing food for those in need, the generosity of our donors has enabled us to impact the lives of others.



Simplifying processes

In April, the Maury Regional Health Care Foundation provided Marshall Medical Center with funding for six new crash carts to help standardize processes for medical staff who

work at both Marshall Medical Center and Maury Regional Medical Center.

Previously, the crash carts were different at the two locations, meaning staff working at both locations had two different sets of protocols to follow. The Foundation provided \$15,789.81 for the crash carts from its General Fund.

Supporting local youth

In March, the Maury Regional Health Care Foundation provided \$40,000 in grant funding to the Boys & Girls Clubs of South Central Tennessee to support the Clubs' health and wellness programs for local youth.

A portion of the funding went toward training to better equip Club staff to help youth build skills needed to identify their emotions, process them and find healthy coping methods. It included education on different types of mental illnesses, signs and symptoms, crisis management response plans, professional help referrals and more.

The funding included \$30,000 from the Dr. Eslick Daniel Youth Health Initiatives Fund and \$10,000 from the Behavioral Health Fund.

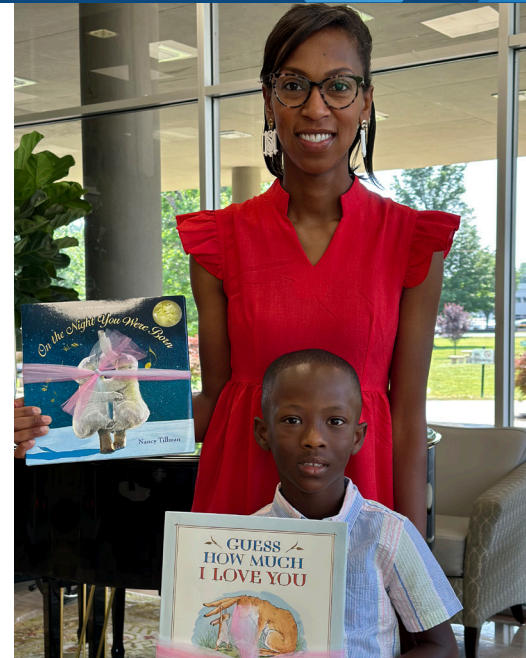


A place for learning

The Maury Regional Health Care Foundation provided funding for a state-of-the-art educational conference room in Maury Regional Medical Group's administrative offices.

The room accommodates up to 40 people and can be used for large group meetings and training sessions. It is equipped with a Cisco virtual room, which includes a Webex Room Navigator tablet, in-ceiling microphones and a Quad Camera SpeakerTrack.

The total cost for the conference room remodel, new furnishings and technology was just under \$65,000 and was provided by the Foundation's General Fund.



Another round of books

Parker Martin and his mother, Sondra Wilson-Martin, visited Maury Regional Medical Center (MRMC) in June to drop off another round of books for families with babies in the neonatal intensive care unit (NICU).

Sondra delivered Parker in November 2016, 10 weeks early. Thanks to the excellent care MRMC's team provided, he is now a healthy and thriving 6-year-old. Following his birth, Parker's parents, both educators, launched Parker's Project, which donates books to the NICU to support other NICU parents and honor his caregivers. Parker's Project has donated more than 1,000 books to the NICU since 2017.

Gifts to support Parker's Project may be made through the Foundation's NICU fund.

Foundation names Medical Staff Giving Circle in honor of Dr. Charles Ball

Dr. Jeffrey Adams first to join

Charles A. Ball, MD, a specialist in family medicine who retired from Maury Regional Medical Group (MRMG) in September of 2020, was a beloved member of the local community as a trusted primary care physician for more than 40 years. The Maury Regional Health Care Foundation recently honored him by establishing the Charles A. Ball, MD, Medical Staff Giving Circle.

A legacy of service

Dr. Ball (*pictured right*) had a profound impact on not only the thousands of patients he served, but also on the hospital he helped grow into the regional and national leader it is today. He joined the medical staff at Maury Regional Medical Center in 1979 — associated with MRMG from 2002 until his retirement — and during his career was a consistent leader on the medical staff.

During his tenure, Dr. Ball was Maury Regional Health's first chief medical officer and also served as chief of staff, chief of family practice, chief of the medicine department and medical director. He was named the Family Physician of the Year in 2009 by the Tennessee Academy of Family Physicians and was recognized in 1995 as the Rural Physician of the Year by the Rural Health Association of Tennessee. In addition, Dr. Ball held numerous leadership positions in several committees and organizations, including the role of past president of the Tennessee Academy of Family Physicians, the Maury County Medical Society and the Rural Health Association of Tennessee.

"Dr. Ball was a proven leader on our medical staff, and we are grateful for his dedication to our patients and organization over his 40-year career," said Maury Regional Health CEO Martin Chaney, MD. "Naming the Medical Staff Giving Circle in his honor is fitting. Dr. Ball worked tirelessly to improve access to quality health care in our community."

A new way of giving

The Foundation's Medical Staff Giving Circle (MSGC) allows medical staff members to support projects and programs that improve the health of the community, fellow employees and the organization. Members can choose where their gifts are used, whether that be capital projects for the medical center, staff scholarships or for existing Foundation programs and services.

"The Medical Staff Giving Circle is a great way for our medical staff members to support the work of the Foundation and have a positive impact on our patients and community. It's a true win-win," Foundation Executive Director Joe Kilgore said.

To join the MSGC, a cumulative lifetime contribution of \$10,000 is required. Medical staff

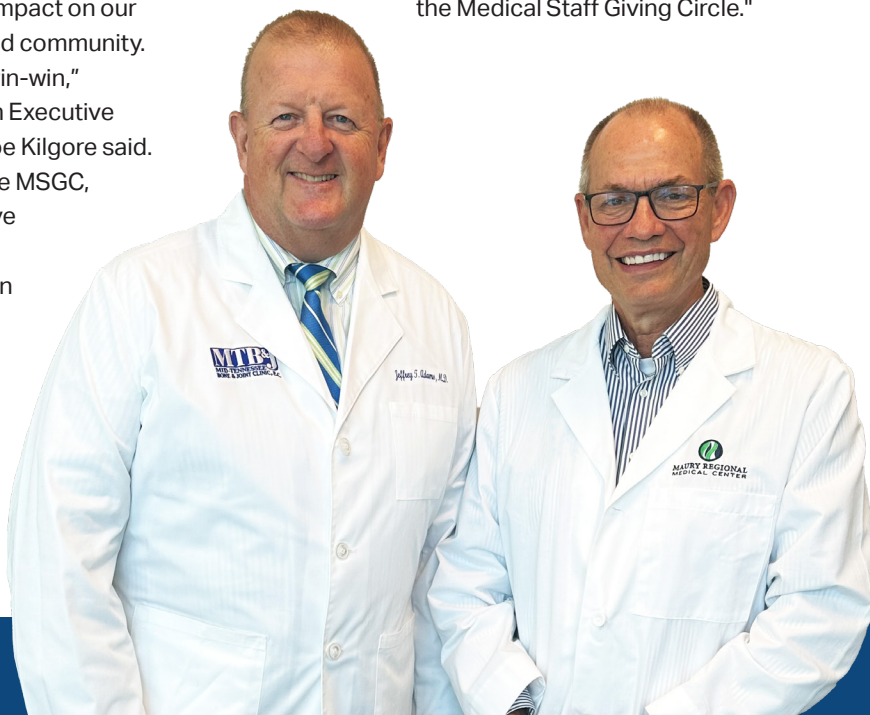
members can obtain immediate membership by giving \$10,000 or pledging \$2,500 per year for four years. An annual gift of \$1,000 is required to maintain membership after the \$10,000 level is reached.

Existing medical staff donors will receive a credit for their past gifts toward the \$10,000 level. Those who have met or surpassed the \$10,000 mark automatically become members.

Starting strong

Jeffrey T. Adams, MD (*pictured left*), a specialist in orthopedic surgery on the medical staff and a Maury Regional Health board member, was the first medical staff member to join the MSGC.

"The Maury Regional Health Care Foundation provides valuable support to our medical staff and organization, which also helps our patients and communities," Dr. Adams said. "It's important that medical staff members reciprocate that support, and I'm happy to join the Medical Staff Giving Circle."



Established Funds

When you make a donation to the Maury Regional Health Care Foundation, you're helping to break down barriers and improve access to vital community health services.

Whatever the amount, all gifts donated to any of the Foundation's established funds help to improve the lives of individuals and families in southern Middle Tennessee.

There are a variety of established funds that support specific patient populations or causes, including:

- **General:** used for areas of greatest need that may not be covered by another fund
- **Behavioral Health:** provides support to address the behavioral health needs of patients, employees and their families in memory of Joshua Short and Michael Watson
- **Community Health/Mobile Unit:** provides resources to assist with unmet health care needs of underserved or uninsured populations, including the Maury Regional Health mobile medical unit
- **Friends & Family Nutrition:** provides meals to a patient's primary support member while in our care and assists in funding a food pantry that provides groceries to those in need upon discharge
- **Medication & Transportation:** provides medication, medical supplies and gas cards for patients experiencing financial need
- **Palliative Care:** assists Maury Regional Health's palliative care program in meeting the unique needs of those facing chronic illnesses in honor of Dr. Maura Lipp
- **Service Areas:** assists with prescription costs, medical expenses and other needs in the service areas of cancer, cardiology, diabetes, neonatal intensive care, pediatrics and breast health
- **The Retreat:** operates a hospitality home for cancer patients
- **Wayne Medical Center:** assists patients and employees of this facility experiencing financial need and funds community health care needs
- **William R. Walter Employee Assistance:** assists Maury Regional Health employees who have experienced an unexpected crisis or who are pursuing continuing education
- **Dr. Eslick Daniel Youth Health Initiatives:** provides educational materials and resources for projects improving the health of youth
- **Endowments:**
 - Robert Otwell Cancer Center Endowment
 - Wellness & Aquatics Complex Healthy Living Endowment

Every dollar makes a difference.

All gifts are greatly appreciated and make an impact in the lives of others in our community. To make a donation online, please visit [MauryRegional.com/Foundation](https://mauryregional.com/foundation). For mail-in donations, please make checks payable to:

Maury Regional Health Care Foundation
1224 Trotwood Avenue
Columbia, TN 38401

Title _____
First Name _____
Last Name _____
Address _____
City _____
State _____ Zip _____
Phone _____
Email _____

Donation Amount \$ _____
 One-time Recurring pledge of \$ _____

This donation is intended to support the following:
 Specific fund, project or endowment:

 General fund (area of greatest need)

Anonymous Yes No
Company Name (if applicable)

Type of Gift

Extraordinary Hero Gift to recognize a caregiver, employee or volunteer who provided excellent care (please provide their full name):

Tribute In honor In memory
Person honored _____
Mail letter on your behalf? Yes No
Name and address to whom the letter should be addressed:

Payment

Check enclosed Invoice me Credit card
 Visa MasterCard American Express
Card Number _____
Expiration Date _____ 3-digit Code _____



Helping Our Community

From July 1, 2022, to June 30, 2023, the Maury Regional Health Care Foundation gave back \$575,237 to help our community.

This page contains an overview of the number of ways the Foundation lifted up our community this past year — all of which was made possible by the support and generosity of our donors.

General Fund: \$76,343

- Bicycle for Maury County Schools' summer school program
- Dot's Closet program support
- Florida Hospital Association employee assistance for hurricane relief
- Maury Regional Medical Group Education and Training Room
- Six crash carts for Marshall Medical Center

Behavioral Health Fund: \$10,183

- Transportation to rehabilitation facility for one person
- Program support for the Triple Play Health & Wellness Behavioral Health Program through Boys & Girls Clubs of South Central Tennessee

Cancer Fund: \$12,534

- Dietary consultations for cancer patients
- Food for cancer patients and caregivers
- Gas cards for cancer patients
- The Retreat house for cancer patients

Cardiology Fund: \$61,110

- AED cases, batteries and supplies for the community
- LifeVests for two patients
- Stroke Camp funding for Stroke Support Group

Community Health Fund: \$162,470

- Crossroads to Home Coalition administrative and bookkeeping support
- Giving Smiles' free dental clinic support
- Maury County Car Seat Safety Program and Maury County Safe Driving Program in partnership with General Motors and Columbia Fire & Rescue
- Remote area medical free clinic support
- Smoking cessation classes and supplies
- Support for the City of Columbia's Parks and Recreation Summer Program

Diabetes Fund: \$12,916

- Diabetes education classes for six patients
- Diabetic supplies for patients
- Pediatric diabetes program support

Family & Friends Nutrition Fund: \$17,129

- Food for Maury Regional Medical Center's food pantry
- Meal tickets for personal caregivers at the hospital

Neonatal Intensive Care Fund: \$13,993

- Books and supplies for Parker's Project in the NICU
- Car seats for NICU babies at discharge
- Program support for Nurses for Newborns of Maury County
- Wagon for the New Year's baby

Palliative Care Fund: \$6,176

- Complex Care Conversations materials

Pediatric Fund: \$7,788

- Tootsie's Bears & T-shirts

Retreat Fund: \$3,220

- Utilities, supplies and repairs

Special Needs Fund: \$77,686

- Emergency housing for homeless individuals and families
- Handicapped ramp materials and supplies in partnership with First United Methodist Church in Columbia
- Medication assistance for at-risk patients in six locations
- Minor medical equipment and supplies for at-risk patients
- Transportation assistance for at-risk patients

Wayne Medical Center Fund: \$4,891

- Food for patients and caregivers
- Medication assistance
- Transportation assistance

William R. Walter Employee Assistance Fund: \$15,794

- Continued education assistance for 12 employees
- Financial assistance for 10 employees

Wellness & Aquatics Complex Healthy Living Endowment: \$51,000

- Maury County Fair *My Day* support for children with special needs
- Program support for Miracle League of Columbia

Women's Center Fund: \$11,746

- Wigs, camisoles and Lymphedema garments for breast cancer patients

Eslick Daniel, MD, Youth Health Initiatives Fund: \$30,256

- Support for the Triple Play Health & Wellness Program through the Boys & Girls Clubs of South Central Tennessee
- Two bicycles for Maury County Schools' summer school attendance incentive

Total funding since beginning operation in July 2006 through June 2023: \$4,651,641.

Top Donors Report

JULY 1, 2022 – JUNE 30, 2023

Founders (\$10,000+)

Dr. Jeff Adams & Family
Anchor Health Properties, LLC
Anonymous
Anonymous
General Motors Company
Jonathan & Grace Hardin
Amandia & Chris Long
Maury Regional Health
Charles & Gail Pigg
Uniform Headquarters, Inc.
Vizient, Inc.
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Benefactors (\$5,000+)

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Butler Snow, LLP
Martin Chaney, MD
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Middle TN
First Farmers & Merchants
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Christina Lannom, DO
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Maury County Gun Club
Medtronic
Morrison Management
Specialists, Inc.

Pioneers (\$2,500)

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Phyllis Brown
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Cherri Clark
Farm Bureau Health Plans
Miles and Kelly Foltermann
Impressions Winning Moves
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Services
Listerhill Credit Union
Maury Regional Medical Group
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NHC – South Central District
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Pinewood Springs
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Surgicor, LLC
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Devin Vaughn

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AT&T
Atmos Energy
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Hugh Bennett
Lori Bergland
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CMS Imaging, Inc.
Mark Cobb, MD
Columbia Power & Water
Systems
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Ginger Cothran

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TriStar Elevator
United Community Bank
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Wayne Medical Center
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Beverly McCoy
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A Legacy of Giving

The Walton Legacy Society was created to honor those who have included the Maury Regional Health Care Foundation in their estate planning. The Society is named after Dr. Charles D. Walton, a prominent force in bringing Maury Regional Hospital into reality in the 1950s and the hospital's first chief of staff.

To learn more about the society, visit
MauryRegional.com/Foundation.

Walton Legacy Society



ANONYMOUS
DR. O. REBECCA HAWKINS
LEONARD HICKMAN
WAYMON L. HICKMAN
TILLMAN KNOX
THE ESTATE OF JEAN EWING LOVE
CHARLES AND GAIL PIGG