

DEVELOPMENTAL MILESTONE GUIDE

YOUR CHILD AT **5** YEARS OLD



Gross Motor Development

- Dresses and undresses with little help
- Hops, jumps and runs with ease
- Climbs steps with alternating feet
- Gallops and skips by leading with one foot
- Rides a tricycle
- Transfers weight forward to throw a ball
- Attempts to catch a ball with hands
- Climbs playground equipment with increasing agility
- Climbs on and off a sofa

Fine Motor Development

- Holds crayon/pencil between thumb and first two fingers
- Exhibits hand preference
- Imitates a variety of shapes when drawing
- Independently cuts paper with scissors
- Can use the toilet without assistance
- Feeds self with minimal spills
- Walks and runs more smoothly
- Enjoys learning simple rhythm and movement
- Develops ability to toilet train at night

Speech / Language Development

- Speaks in sentences and uses many different words
- Answers simple questions and asks many questions
- Tells stories and enjoys jokes and rhymes
- Can recount a recent story
- Asserts self with words
- Understands opposites and positional words
- Can count 5 to 10 things
- Touches objects to count
- Talks to self during play
- Follows simple rules or instructions and enjoys helping others
- May write some numbers and letters
- Engages in dramatic play, taking on pretend roles
- Recalls events correctly
- Counts by rote, having memorized numbers
- Can match and name some colors

Request a free development assessment.

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